

**NEXT MEETING:**  
**PLEASE NOTE THERE IS NO REGULAR  
MEETING IN DECEMBER.**

**THURSDAY, DECEMBER 12,  
2024 AT 11:30**

**30<sup>TH</sup> ANNIVERSARY AND  
CHRISTMAS LUNCHEON**

**CEDARHILL GOLF AND  
COUNTRY CLUB,**

**56 CEDARHILL DR., NEPEAN**

**GUEST SPEAKER:**

**LAURENCE WALL (former CBC  
radio anchor)**

**“Twentieth Century Canada  
Through The Magic of Radio.”**

**Please see below for more  
information about the  
luncheon.**

**NORMAL MEETINGS WILL  
RESUME ON WEDNESDAY,  
JANUARY 8, 2025**

**OTTAWA-RIDEAU VALLEY PROBUS  
CLUB**

**NEWSLETTER, NOVEMBER 2024**



*Photo courtesy of Charles Fournier*

Contents

PRESIDENTS CORNER ..... 3

PAST SPEAKER ..... 4

NEXT SPEAKER..... 4

A LOOK FORWARD TO JANUARY 8, 2025 ..... 5

NEWS FROM THE MANAGEMENT TEAM ..... 5

    Probus District 1 Meeting ..... 5

    Open House-Interests Groups..... 6

    Membership..... 6

    Treasurer ..... 6

    Speakers ..... 6

REMEMBRANCE DAY ..... 7

EVENTS ..... 9

    VISIT TO THE WAR MUSEUM ..... 9

    Future Plans ..... 10

DRINKS AND APPETIZERS ..... 10

30<sup>TH</sup> ANNIVERSARY AND CHRISTMAS LUNCHEON ..... 12

INTEREST GROUPS..... 13

    Chess Partner Wanted ..... 13

SMART AGING PROGRAMME..... 14

ON THE ENVIRONMENT ..... 15

NEED MORE INFORMATION? ..... 16

AND FINALLY..... 17

## PRESIDENTS CORNER



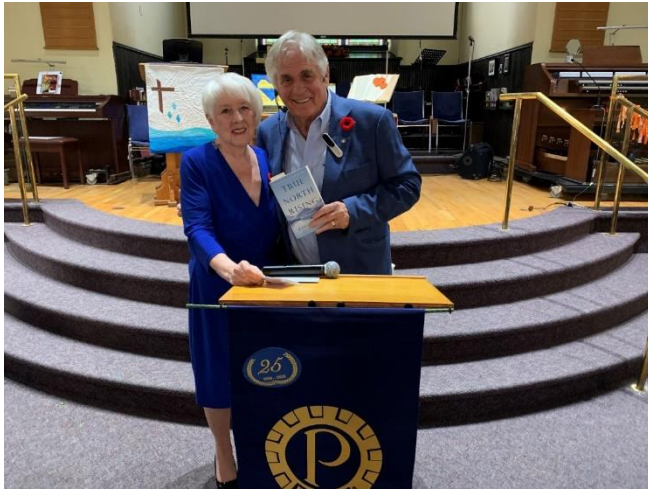
It has been quite the start for our 2024/25 Probus year. Since September we have had an open house (33 new members signed up), an interest group sign-up (14 groups started), excellent presentations by Gary Bennett (Sugar & Spice), Brett Martensen (Artificial Intelligence) and His Excellency Whit Fraser (Canada's North). And lets not forget our fun and informative outings to the Diefenbunker, Art with Bonnie and the upcoming War Museum Hidden Treasures tour. Both the Speakers and Events Committees have been pulling out all the stops for our members, and the new year will be no exception. Then there's our gracious monthly hosts for Drinks & Appetizers, and Gill Puxty with her Striders & Strollers, both of which keep bringing us together for even more fun. Finally, our Cardiovascular Mobile Screening organized by Richard Pell. This has truly been an exceptional start to our Probus year. My thanks go out to all those volunteers but also to our members who have supported each and every activity .... you are the heart of this Club.

As the holidays approach and the air fills with cheer, there's no better way to celebrate the season than the gathering of our members for a festive 30th Anniversary Christmas luncheon. Joy Bennett and her elves have been busy behind the scenes making all the necessary preparations, in what will be a truly memorable event. So don't delay, sign up and lets keep the fun going.

In closing, I wish you all a wonderful holiday and a Happy New Year with your family and friends filled with joy, laughter and peace.

## PAST SPEAKER

At the November meeting His Excellency, Whit Fraser, gave a very personal and



interesting account of his experiences in Canada's North. As a reporter, he emphasized the stories and experiences that his Inuit colleagues related to him and read passages from his recent book, "True North Rising". His Excellency was formally thanked by Dawn Cooper, a member of our Speakers Committee.

*Dawn Cooper and His Excellency, Whit Fraser*

## NEXT SPEAKER

The speaker at our December 12 luncheon, a celebration of our 30<sup>th</sup> Anniversary



as a Club, and a holiday celebration, will be Laurence Wall. Laurence Wall, a recently retired CBC announcer, presented the weekday news on CBC Radio One in Ottawa, and was the voice of the National Research Council's official time signal every day at 1 p.m. In his presentation, Laurence will explore some well-known chapters from the 20th century along with some now-forgotten moments, including the 1927 Dominion Day broadcast, the Moose River Mine Disaster

and Canada's Voice of Doom in the Second World War. He'll use audio clips to take us back to the days when Radio brought the entire country together as never before.

## A LOOK FORWARD TO JANUARY 8, 2025

Our speaker in January will be Joy Bennett. Although she is well known to most of you as a Past President of Probus and long-time member of the Management Team, she had a former life as a librarian and labour negotiator. Joy began her



career as a professional librarian at Concordia University. She became President of the Concordia University Faculty Association and represented the faculty and librarians in bargaining their first collective agreement. Later she joined the ranks of the senior administration of the University and lead the collective bargaining process on behalf of the administration. Uniquely, she has bargained on both sides of the table. In her presentation, “The Right, the Means and the Will”, she will explore the reasons why some

employees decide to unionize and bargain legally and collectively with their employers. She will touch on some of the critical moments in Canadian labour history and explain the negotiation process and talk about how it works and sometimes doesn't work and what happens when it doesn't. Joy holds a Ph.D. in labor relations from Concordia University in Montreal. On the personal side, she is married to Gary Bennett (Sugar, Spice and Everything Nice) and they have a daughter, Marian.

## NEWS FROM THE MANAGEMENT TEAM

The Management Team met on Wednesday, November 13 to discuss matters of interest to the Club. Here are some of the highlights:

[Probus District 1 Meeting](#): Six members of our Club met with representatives from the six other Clubs in our district to discuss matters of mutual concern and share

ideas for club events. In the future there may be possibilities to join with other clubs in the area for special events or outings.

**Open House-Interests Groups.** As a result of our very successful Open House in October we have created 14 interest groups with four or more people in each Group. Helena Flack, Past President, has been in touch with those who signed up and providing contact information so that the groups can be self sufficient. The groups are welcome to use our ZOOM licence for meeting. See below for more information.

**Membership:** We currently have 142 paid up members. This is a good increase over last year and we welcome all our new members. **Please note that MEMBERSHIP FEES ARE DUE NOW!!!** Fees are \$40.00 per person and may be paid by e transfer to: [treasurer@probusorv.org](mailto:treasurer@probusorv.org) or by cheque made out to Probus ORV and mailed to Klaus Beltzner, Treasurer, 398 Princeton Ave., Ottawa. The end of November is the deadline to pay membership fees for 2024-25 and remain a member in good standing!!! If you have any questions, please contact Judy Beltzner at [judy@beltzner.ca](mailto:judy@beltzner.ca)

**Treasurer:** Klaus Beltzner, the Treasurer, reports that the Club is in good financial condition. We have signed the contract with the Manotick United Church for the 2024-25 year with the same rental conditions and fees as last year.

**Speakers:** Ian MacKay reports that we have speakers planned for well into 2024. The Committee met last month to consider suggestions and will be making firm arrangements for the coming year soon.



REMEMBRANCE DAY  
NOVEMBER 11, 2024



*Figure 1 LEST WE FORGET*

Our Probus club was well represented at the Remembrance Day Ceremonies in Manotick. Charles Fournier, Dennis Osmond, Allan Haan and May Collins were our delegation to lay a wreath. Other members of our club were also in attendance.



*FROM LEFT: Allan Haan, Cadet, Charles Fournier, Dennis Osmond*



*Charles Fournier lays the Probus Wreath*



*Dennis Osmond, Charles Fournier, May Collins, Allan Haan*



## EVENTS

### VISIT TO THE WAR MUSEUM **WEDNESDAY, NOVEMBER 27, 2024**



A tour of the War Museum titled "Hidden Treasures" has been arranged for **WEDNESDAY, NOVEMBER 27, 2024 AT 12:45 P.M.**

This tour will feature lesser-known artifacts at the Museum with fascinating stories. If you are a repeat visitor, this will be a great opportunity for a different experience. We will also visit the current art exhibit titled "Outside The Line". Seen through the eyes of 52 female artists, this exhibit provides different perspectives on war and conflict. The artwork consists of paintings, sculptures, textiles and more. This exhibit has been compiled with artwork from over the last two centuries and provides an evolving perspective from women.

**Date and Time:** Wednesday, November 27<sup>th</sup> starting at 12:45

**Meeting Location:** Main lobby of the War Museum

**Cost:** \$17:50 is the group rate per individual which includes the \$4.00 guide fee. Veterans with a CSI Veteran's Card and two guests will be admitted free of charge and they will only be responsible to cover the \$4.00 per person guide fee.

**Parking:** Underground parking is available at normal rates. Veterans with a CSI Veteran's Card will be provided free parking validated in the Museum.

**Lunch/Coffee:** There is a Café/Cafeteria at the Museum which participants can access before or after the tour. Hot and cold meals are available. Drinks

If you are interested please call Richard Pell at 613 491-0420 or contact him via email at [richardpell@rogers.com](mailto:richardpell@rogers.com).

#### Future Plans

As a follow-up to His Excellency, Whit Fraser's presentation, a visit to Rideau Hall is being planned for the winter. Watch this Newsletter for details. It is a very enjoyable and fun tour!

#### DRINKS AND APPETIZERS



**HOSTED BY JUDY AND MICHEL RODRIGUE**

**FRIDAY, DECEMBER 20, 2024**

**5-7 PM**

**IF YOU WOULD LIKE TO ATTEND, PLEASE CONTACT JUDY AT:**

**[judyrodrigue@outlook.com](mailto:judyrodrigue@outlook.com)**

Remember to bring an appetizer to share and your beverage of choice.

**VOLUNTEER HOSTS NEEDED!!!**

Drinks and Appetizers are one of our most popular social events. Since many of our members need to put a limit on the number of guests they can accommodate in their home, especially in the winter and cooler months, we would like to offer this social event twice each month. Thank you to those who have already volunteered to host in the coming winter months but we need more volunteers if everyone is to have a chance to enjoy an evening out with friends. We need volunteers to host an evening in the months of January, February , March and April of 2025. It is an easy way to entertain. You only need to put out some glasses (plastic is fine) and some small plates (again, paper or plastic are fine) and some napkins. Guests bring appetizers to share and their own beverage of choice. If you would like to volunteer to host an evening please contact Joy Bennett at [joywakebennett@gmail.com](mailto:joywakebennett@gmail.com) for more details and to pick your date. This is a great way to meet new friends. Thank you.

**30<sup>TH</sup> ANNIVERSARY AND CHRISTMAS LUNCHEON**

**THURSDAY, 12 DECEMBER 2024 AT 11:30 a.m.**

**CEDARHILL GOLF AND COUNTRY CLUB**

**56 CEDARHILL DR. NEPEAN**

**BOOK YOUR PLACE BEFORE FRIDAY, NOVEMBER 22, 2024 FOR THIS SPECIAL  
EVENT**

**Our speaker will be *Laurence Wall, a CBC radio personality, who will speak  
about "20<sup>th</sup> Century Canada through the magic of radio."***

***MENU***

***Tomato Bisque with croutons***

***A choice of one of the following main courses:***

***1. Roasted Vegetable and Goat Cheese Quiche \$33.00***

***OR***

***2. Oven roasted pork loin with apple cranberry chutney \$45.00***

***OR***

***3. Baked salmon filet with lemon dill cream sauce \$48.00***

***FOR DESSERT***

***Carrot cake and coffee or tea***

***CASH BAR WILL BE OPEN AT 11:30***

***THERE WILL BE A PHOTO DISPLAY IN THE MAIN DINING ROOM BEGINNING AT  
11:30***

***LUNCH WILL BE SERVED AT 12:30***

You may secure your place by paying by e-transfer to [treasurer@probusorv.org](mailto:treasurer@probusorv.org) or by cheque mailed to Klaus Beltzer, Treasurer, 398 Princeton Ave., Ottawa K2A 0M7. Please e-mail Joy Bennett your menu choice at [joywakebennett@gmail.com](mailto:joywakebennett@gmail.com) RESERVE NOW. YOU DO NOT WANT TO MISS THIS.

**PLEASE NOTE THERE WILL BE NO REGULAR MEETING IN DECEMBER. If you would like to attend the talk but cannot make it for lunch, please contact Joy Bennett ([joywakebennett@gmail.com](mailto:joywakebennett@gmail.com)) so that we can arrange a seat for you. The presentation will begin at about 1:30.**

## INTEREST GROUPS

At the October, Open House Meeting, many of you signed up to join an interest group. We presently have fourteen viable interest groups but only five of them have a designated group leader. We need volunteers to step forward and offer to lead the groups to get activities underway. Winter is coming and we need, and want, reasons to get together often! If you would like to be a group leader or if you would like to join a group. Please contact Helena Flack at [hflack@rogers.com](mailto:hflack@rogers.com)

### Chess Partner Wanted

Note also, we have one member who would like a chess partner or partners. If you are interested to play chess please contact David Pollock at [davidpollockj1@gmail.com](mailto:davidpollockj1@gmail.com)

Grp#	Group Name	No. of participants	Contact/Lead person	email
1	Amateur Writers	6		
2	ART	6		
3	Birding	4		



4	Book Club	11	David Pollock	<a href="mailto:davidpollockj1@gmail.com">davidpollockj1@gmail.com</a>
5	Bridge	4		
6	Computer	7	Richard Pell	<a href="mailto:richardpell@rogers.com">richardpell@rogers.com</a>
7	Cooking	6		
8	Current Affairs	5		
9	Dance	11	Teresa Mildenhall	<a href="mailto:teresa.mildenhall@icloud.com">teresa.mildenhall@icloud.com</a>
10	Euchre	7	Brian Brooks	<a href="mailto:brooksbrian12@gmail.com">brooksbrian12@gmail.com</a>
11	Gardening	10		
12	Golf	6		
13	Scrabble	5	Lynn Koroniak	<a href="mailto:lakoroniak@rogers.com">lakoroniak@rogers.com</a>
14	Travel	21		

SMART AGING PROGRAMME

**COUNCIL ON AGING, OTTAWA**

Many seniors make significant life decisions when a crisis occurs, due to insufficient information, tools and resources to address the situation. The Smart Aging Core Program is a series of eight weekly workshops covering key topics facing seniors today. One topic is covered each week involving video information provided by professionals, then examined through questions, discussion, and sharing information.

This program is designed to provide you with the information you need on many relevant topics, *before you need it*. This allows you to make informed decisions at

key transition points in your life, leading to better outcomes because of your newly acquired knowledge.

Dawn Cooper, one of our members and the Director of our Outreach Programme is currently enrolled in this programme and would be happy to answer any questions you might have. Dawn can be reached at [cooperdawn09@gmail.com](mailto:cooperdawn09@gmail.com)

For more information, search for the program on the Council on Aging Ottawa website: [www.coaottawa.ca/smartaging](http://www.coaottawa.ca/smartaging) or contact Sylvie Lalonde at [s.lalonde@coaottawa.ca](mailto:s.lalonde@coaottawa.ca).

## ON THE ENVIRONMENT:

**From our regular contributor, Mir Ali**

### **Car Pollution: Dirty Used Vehicles and Pollution**

“If we really think that the environment is less important than the economy, try holding your breath while you count your money.” Guy McPherson

Currently, there are about 1 billion cars on the road globally. That number is projected to double by 2050, with much of the growth coming from sales of second-hand vehicles in lower-income countries.

Transportation already accounts for one-quarter of humanity’s carbon-dioxide emissions, which are rapidly heating the planet. And in many African cities, cars and trucks have become a dominant source of outdoor air pollution, which already kills more than 3 million people worldwide each year.

To read the article please click on [Dirty Used Vehicles and Pollution](#)

## NEED MORE INFORMATION?

### WE ARE HERE TO HELP

President, Charles Fournier	<a href="mailto:president@probusorv.org">president@probusorv.org</a>
Vice President, Michel Rodrigue	<a href="mailto:vp@probusorv.org">vp@probusorv.org</a>
Past President, Helena Flack	
Secretary and Membership, Judy Beltzner	<a href="mailto:membership@probsorv.org">membership@probsorv.org</a>
Treasurer, Klaus Beltzner	<a href="mailto:treasurer@probusorv.org">treasurer@probusorv.org</a>
Speakers Chair, Ian MacKay	<a href="mailto:speakers@probusorv.org">speakers@probusorv.org</a>
Events, Eileen Bond, May Collins and team	<a href="mailto:thebondhouse@gmail.com">thebondhouse@gmail.com</a>
Communications (Newsletter and any other information) Joy Bennett	<a href="mailto:joywakebennett@gmail.com">joywakebennett@gmail.com</a>
Webmaster (and technical team), Paul Anderson	<a href="mailto:admin@probusorv.org">admin@probusorv.org</a>
Archives (photos of events), Gary Bennett	<a href="mailto:gary.c.bennett@mcgill.ca">gary.c.bennett@mcgill.ca</a>

## AND FINALLY

This has been another good year for our Newsletter and it is my pleasure to prepare it for you each month. Thank you to all who have contributed. Thanks also to my co-editor Gary and to Paul Anderson who prepares the final, elegant product. See you all in 2025. Joy Bennett

***MERRY CHRISTMAS AND HAPPY NEW YEAR***

